



THE RILEY BUGLE CALL

**Community Action Council
18 October 2006
Channel 2**

Welcome – Introductory Remarks

Presentations

Announcements

Irwin Army Community Hospital (IACH)

- **Retiree Health Fair on October 20 - it will focus on wellness and quality of life.**
- **Preventive Medicine:** A variety of services/classes are available:
 - Tobacco Cessation Classes – a series of 4 classes offered each month.
 - Selfcare Classes – offered the 1st and 3rd Tuesday of the month from 10:00-11:00am. Classes are also offered to units or groups upon request.
 - Child Health Assessments for CYS programs. Children must be registered in CYS programs and be at least 2 years or older.
 - Health Promotion and Wellness/Healthy Lifestyle classes offered to units upon request.
 - STD/HIV classes offered to units upon request.
 - Heat Injury (May-Aug) and Cold Injury (Oct-Feb) classes every Tuesday at 9:00am in PM conference room.
 - Classes are also available to units upon request.
 - Field Hygiene classes upon request.
 - Food Handler's classes – 1st and 2nd Wednesday of the month at 9:30am and upon request.
- For information or to enroll in a class or schedule an appointment please call Community Health Nursing at 239-7323.

Fort Riley Dental Activity (DENTAC)

- **Oral Health Initiative (OHI):** The OHI Program is underway and is getting rave reviews! Dental Fitness Classification 1 is the goal of this Department of Defense funded program. The Fort Riley DENTAC and local private sector dentists have teamed up together to ensure that all the routine dental needs are taken care of for Fort Riley's Soldiers. This is a no-cost voluntary program for the Soldier but it does require a referral by the DENTAC. Qualified Soldiers may receive dental care with the same private sector dentist that their family members see or any participating dentist in local area. Note: The DENTAC must initiate all referrals otherwise the Soldier will incur the monetary responsibility for any fees. Referrals are easy. Stop by your dental clinic today to see if you qualify for the OHI Program!
- **Dental Appointments: Deploying Soldiers:** Deploying Dental Ready Soldiers is our top priority and foremost responsibility! We strongly encourage all deploying Soldiers to get a current dental examination and their dental appointments as soon as possible. When we have enough time we can do almost anything. When it comes to dental care the "last minute" is a poor option. Furthermore, it is imperative that all deploying Soldiers tell the Appointment Desk Staff that they

are deploying so that we can ensure a timely and properly sequenced dental care to meet all the Soldier's dental readiness needs before deployment.

- **Routine Dental Care:** We are providing routine dental care for all Soldiers. In most cases, dental appointments for routine procedures are available within a couple of weeks. It is best to check often as military missions and training cause many Soldiers to cancel their appointments on short notice which then makes these appointments available to others. Cleaning appointments are available in about three weeks.
- Failed Dental Appointments are very costly not only to the DENTAC but to Soldier/Unit Readiness! Please call to cancel or reschedule your dental appointment as soon as you determine that you cannot make your scheduled appointment. This will allow us to give that appointment time to another Soldier. This will reduce our operating costs (think tax dollars) and allow us to take care of more Soldiers. Your dental clinic phone number is listed below.
- **Commitment:** We are committed to provide the Soldiers of Fort Riley a quality dental health care experience. We will do all that is humanely possible to take care of Soldiers dental needs. Don't wait for the last minute. Be proactive and help us help you by making an appointment with your dentist today.
- **Hours:**

| <u>Dental Clinic Info</u> | <u>Phone</u> | <u>Hours</u> |
|--------------------------------|--------------|---------------|
| Dental Clinic #1 (Hospital) | 239-7955 | 8:00am-5:00pm |
| Dental Clinic #3 (Custer Hill) | 239-4261 | 8:00am-5:00pm |
| Dental Clinic #4 (Whitside DC) | 239-4174 | 8:00am-5:00pm |
- **Dental Sick Call:** 8:00-10:00am (after 10:00am please call or be prepared to wait a while) After hours, weekend or Holiday Dental Emergency: Report to the IACH Emergency Room
- **Red Cross Volunteers:** **Red Cross Volunteer Dental Assistant Training Program:** The October 2006 Red Cross Volunteer Dental Assistant Training Class has been selected and training is underway. Our next class is scheduled for April 2007. If you are interested, please contact the American Red Cross Office at 239-1887 to get more information and to get your volunteer packet started. We are always looking for Red Cross Volunteers to help out in other areas too and they can start anytime!

Directorate of Morale, Welfare, and Recreation (DMWR)

- **Upcoming Events:** **BOSS Haunted House** - Join us for a frightfully good time...if you dare, at the BOSS Haunted House on Ft. Riley. Be scared 7:00-10:00pm, October 28th-31st in the basement of Bldg. 211 on Main Post. Costumed guides will lead people through multiple scenes of terror and mayhem. Those too frightened to continue on can escape to safety at anytime. \$4 per person. Open to the public. Visitors to post will need a valid ID, vehicle registration and proof of insurance. For additional information or questions call BOSS at 239-8147. Sponsored by Armed Forces Bank, sponsorship does not imply endorsement.
- **Custer Hill Golf Course - Storewide Winter Sale at the Pro Shop** - October 15 – December 19 20%-60% off selected items! Come in and see what's on sale.
- **Rally Point:** **WWE Pay-Per-View Event** - October 22nd at 7:00pm
- **Outdoor Recreation:** Enjoy a fall day **horseback riding on November 18th @ the Sun Rock Ranch**. Cost is \$25 per person and you ride for 1½ hours. Ride times are 9:00-10:30am, 11:00am-12:30pm, and 2:00-3:30pm. Each session has a maximum of 5 riders. Age for riders is 12 years of age and older. Outdoor Recreation provides transportation to the ranch. Times for departure for each session are 8:30 and 10:00am and 1:30pm. Registration deadline is November 17th.
- **Ft. Riley Post Library:** Black cats, pumpkins, and scarecrows set the stage for "Cool Cats Read" story times in October. Cats and bats, trick-or-treaters and jack-o-lanterns make for a spooky night in "Pumpkin Eye" on October 21st. Story timers are invited to dress up for a costume party at the story times on October 28th. Special guests from the 648th Area Support Group will appear as "Scooby Doo" and the "Cat in the Hat" to read the story "Halloween Hats." Story times are held every Saturday at 1:30 and 4:00pm at the Ft. Riley Post Library. All military families are welcome to attend. A caregiver should attend with children.

- **Swim Lessons: November 6-17** Sign-up start October 23 at Long Pool, Monday through Friday from 4:00-8:00pm and on weekends from 1:00-6:00pm.
- **American Red Cross First Aid and CPR for Teens:** Middle School Teen Center Bldg. 5800 November 11 & December 9 9:00am-3:00pm. Costs \$30 costs include both CPR & First Aid cards. Ages 11-18 years old. **Bring a Sack Lunch!**
- **Family Child Care Home Providers** – Adults wanting to become FCC providers are invited to attend an FCC informational briefing. The orientation/informational briefing is scheduled for the second **Thursday** of each month from 1:30–3:00 pm. **The FCC offices are temporarily located in Bldg. 7434 Parker Street.** Call 239-4313, for more information.
- **Youth Basketball Registration: 30 October – 17 November** This program is for children in 1st thru 6th grades. Practices begin in early December, and games begin in January. A current sports physical is required prior to registration. The cost is \$40.00 per child, and the yearly \$18.00 CYS membership fee is also required.
- **Family Fitness Nights:** 20 October and 17 November. Free for children of all ages and their parents. Come exercise together in a high energy environment.
- **We need volunteer coaches. Call 239-9223/9224 for additional information on youth sports programs.**

Business Operations

- **Custer Hill Lanes Bldg. 7485 Normandy (785) 239-4366**
 - **Hours of Operation:** Sunday: 4:00pm-Close - Monday: Closed - Tuesday – Friday: 11:00am-Close - Saturday: 12:00pm-Close
- **Custer Hill Golf Course - Bldg 5202 Normandy (785) 784 -6000**
 - **Hours of Operation:** Monday: Closed – Tuesday-Sunday: 8:00am-6:00pm or dusk. Please call ahead to ensure openings.
- **Riley's Convention Center, 446 Seitz Drive, (785-784-1000) or 239-0513**
- **Rally Point Bldg. 2600 (785)239-5434**
 - **Hours of Operation:** Monday–Thursday: Closed Friday: 10:00pm-Close; Saturday: midnight-4:00pm; Sunday: Closed (Except during Pay-Per-View Events)
 - **WWE Pay-Per-View Event** – October 22 at 7:00pm

Community Recreation

- **Arts & Crafts Center Bldg. 6918 (785) 239-9205**
 - Open shop activities hours of operation:
 - Monday and Tuesday 1:00-8:30pm
 - Wednesday 9:00am-4:30pm
 - Saturday and Sunday 9:00am-4:30pm
 - Closed Thursday and Fridays and most holidays.
- **Automotive Skills Center Bldg. 7753 (785) 239-9764/4028**
Hours of Operations:
Wednesday – Friday 1:00-9:00pm
Saturday - Sunday 9:00am-5:00pm
 - The Automotive Skill Center professional staff mechanics will service your AC at a fraction of the cost compared to downtown dealer and repair shops.
 - Rebuild your engine. The engine rebuild shop has a new hot tank that will clean your manifold, heads and block with-in thirty minutes
 - Free twenty-five-point automotive vehicle check for family members of deployed soldiers. Must have verification of soldier or unit deployment, ID card and vehicle registration or title.
 - While the soldiers are deployed, why not learn more about the vehicle you are driving. Take advantage of the free basic automotive repair class! The class is scheduled every Thursday from 6:00-7:00pm. Basic automotive repair is held on the first and third Thursday of each month, and advance automotive repair is held on the second and forth Thursday of each month. Call for more details.

- **Automotive Car Wash** Bldg. 7756, Fort Riley, Kansas next door to the Automotive Skills Center
 - **Open 24-7**
 - 8 Bay Car Wash, Wax and Drying area
 - Provides the best value in the area
- **Outdoor Recreation Center (ODR), Bldg. 9011 (785)239-2363/6368**
 - **Changed Hours of Operation:** Tuesday through Saturday: 8:00am-5:00pm; Sunday through Monday: Closed
 - **RV Lot** - Effective 1 Jun 06 the Outdoor Recreation Center is taking over the RV Lot from Housing. Prior to this date, patrons having recreational vehicles and boats in this lot need to register them at ODR. A monthly fee for vehicles up to 27 feet is \$16.00 and a vehicle over 27 feet is \$32. Patrons will pay fees in six (6) month increments. There are no refunds for partial monthly user fees. Once the lot is filled we will be putting names on a waiting list. Priority assignment will begin with the Active Duty in housing and single soldiers in the barracks.
 - **New Inflatable** - Come see our new inflatable, a castle with a slide to rent. The cost is \$92 a day or \$150 a weekend. Or rent one of our other four inflatable's (round, square, obstacle course or pirate ship).
 - **Turkey Shoot** - **Come** out and enjoy our 8th Annual Turkey Shoot on November 4th, 10:00am to 2:00pm. Cost is \$5 per shot for the Adult and Junior Turkey Shoot and \$10 per shot for the Master and Junior Master Gunner Competition. Free Activities include: the castle moonwalk, archery and the laser shooting skills video game. There will be **no** skeet competition. Prizes for the turkey shoot is a turkey (1-5 for the adults and 1-3 for the juniors, 16 years and younger) and for the gunner competition the top individual in each group wins a gift certificate to be determined at a later date.
 - **Global Positioning System (GPS):** Need one of our 10 Garmin eTrex Legend Global Positioning Systems (GPS). This navigation device is easy to use while hiking, biking, hunting or fishing. The cost is \$6 per day and \$10 a weekend.
 - **Laser Shot Shooting Simulation System:** Improve your hunting skills with the Laser Shot Shooting Simulation System. Cost per person is \$5 per hour or group rate per person is \$2.50 per hour, max of \$25 per group.
- **Information, Ticketing & Registration (ITR) Bldg 6918 Trooper Drive 239-5614 Hour of Operation: Monday thru Friday 10:00am-6:00pm and Saturdays 9:00am-1:00pm. Closed Sundays and holidays.**
 - Win a Trip to Australia - 11 night trip (8 nights in Australia) Grand prize package includes roundtrip airfare from chosen ITT/ITR area to Australia, accommodations in Australia and two land tours. Enter via a 24-hour accessible Web Site only. www.ittaaustralia.com Contest open from Oct 10 – Dec 1, 2006. Estimated value \$8,750. See official contest rules for entry eligibility and other information at web site.
 - Kansas City Chiefs tickets still available for all games. Grab some friends and catch your favorite team (Oakland Raiders-Nov 19, Baltimore Ravens-Dec 10, Jacksonville Jaguars-Dec 31...) in action. Call ITR for schedule and ticket availability.
 - Rolling Hills Wildlife Adventure – Located amidst the rolling hills of western Saline County, this section of Kansas prairie has been transformed into a beautifully landscaped zoological park. Visitors find a truly unique experience awaiting them at this unexpected prairie oasis. Discount tickets are now available.
 - Great Get-a-Way Tour on Nov 12 – Join us to see “Over The River & Through The Woods” starring Marion Ross from “Happy Days” at the New Theatre in Overland Park. Love of family, especially eccentric grandparents, is at the heart of this wonderfully warm, exceptionally funny comedy. Cost of \$50.00 includes coach bus transportation and dinner theatre admission. Seats limited so make reservations early.
 - Branson Holiday Tour, Nov 3-5. Includes coach bus transportation, 2 nights accommodations, lunch at Lambert's “Home of the Famous Thrown Rolls”, Silver Dollar City, Showboat Branson Belle Lunch & Show, Neil Goldberg's Cirque (A combination of

fantasy circus and Broadway dreams!) and Manhattan Steam Rollers Holiday Show for only \$225.00 per person. Limited space a deposit of \$100.00 will hold your space.

- World Series of Rumble - Coming to Junction City Courtyard by Marriott on Nov 17. The Main Event sees Steve "The Caveman" vs. Rob "The Rosedale Reaper" Kimmons. Discount tickets available through ITR.
- Colorado Ski Packages – Military discounts available for Winter Park, Copper Mountain, Breckenridge & Keystone Resorts. Let ITR put together a ski package.
- Australia For you – The Army, Navy and Marine Corp have come together to offer the absolute lowest prices for one of the absolute lowest prices for one of the best vacations on the planet. Thanks to exclusive deals with Qantas Airlines and MWR Australia, eligible patrons of on-base ITR and ITT Offices can take advantage of great savings to travel to the land "down under". Whether you always wanted to see Ayers Rock change its color palette hour-by-hour, or explore the color and mystery of the Great Barrier Reef, or experience the excitement of Sydney and Melbourne-this is your opportunity. Just click on www.ittaustralia.com and start following the easy instructions to prepare an itinerary for your Australian getaway experience. After you've finally put together your Australia "Dream Vacation" contact Ft Riley ITR. There you can receive your final super-discounted price, be able to make your reservations, and place your deposit to hold the vacation of a lifetime. The program is open to all eligible DOD MWR patrons; Active Duty, members of the Reserved Components (Reserves & National Guard), Retired Military, DOD Civilian Employees, Family Members, Honorably Discharged Veterans with 100% Disability and former U.S. military Prisoner of War.
- **Santa Suit Rental – Stop by and rent that outfit for that special person for your unit or organizational holiday party.**
- Cruise Packaging – Great news Royals Caribbean & Celebrity Cruise Lines are now offering military discounts along with Carnival Cruise Line. Authorized patrons can start taking advantage of special military discounts and bargain cruises. Stop by ITR and pick up a brochure.
- Worlds of Fun Halloweekends – "Get The Haunt That You Want" through October 29. Enjoy the largest collection of daytime scar-free Halloween fun for the entire family! There is a haunted house for kids. Not too scary, yet not too tame! You'll twist and turn your way through this house on the hill, with a spooky surprise in every room. Trick or Treat Town is a make-believe street where little ghosts are treated to goodies as they stop by the store fronts. The fear factor intensifies in 2006 with the addition of the NEW Asylum Island, an infirmary where the criminally insane are in control. On the Island, check yourself into Lakeside Mental Hospital, where straight jackets, shock therapy, and padded walls await you-the newest patient. Escaping from Asylum Island only leaves you to face the Park's four other extreme
- **Fort Riley Library Bldg. 5306 239-5303**
 - Library hours are 11:00am to 6:00pm Tuesday - Saturday, and noon to 5:00pm on Sunday. The library is always closed on Mondays. For more information, call 239-5305.
 - Join us at 1:30pm or 4:00pm on Saturdays for a month of stories about going to school at the Ft. Riley Post Library. All military families are welcome to hear a story and have a light snack at our regular Saturday story times. Children should be accompanied by a caregiver.

Sports

- **Eyster Pool will be closed for roof repair through 31 October 2006. All aquatic activities have been moved to Long Pool, Bldg. 8069.**
- **My Life Fitness Program Session V:** My life is a civilian health promotion program leading to a more efficient Fort Riley workforce. It includes a 6-month formal exercise program for regular, part time, and full time APF or NAF employees. Call 239-3146 or 239-2813 for additional information and to register.

- **Spinning** - Spinning Classes have wheeled their way to Fort Riley. If you are looking for a new cardio workout, ride with us! Spinning simulates real cycling terrain in the group fitness setting. Indoor cycling with music and company - how could you not enjoy the ride?
 - **Spin Class Schedule**

| | |
|-------------------------------|-------------------------------|
| Monday & Wednesday | 9:00-10:00am |
| Tuesday & Thursday | 6:00-7:00pm |
| Thursday | 6:30-7:30am Free Class |
| Thursday | 9:00-10:00am |
- **Turbo Kick – Wednesday and Friday 9:00-10:00am** - Change up your cardio workouts with Turbo Kick! A combination of boxing, kickboxing, and hip-hop moves! The music alone will keep you movin'! This is a class you've gotta try!
- **Cardio Pump - Step Aerobics Classes - Monday 6:00-7:00pm and Saturday 9:00-10:00am**
Want a great cardio workout? This class is the one for you. All fitness levels are encouraged to attend. This is a traditional step class. Be prepared to get Pumped!
- **Target Tone – Free Monday & Friday 12:15-12:45pm** - Gain the strength to make it through your week with a weight training routine. A variety of equipment (exercise ball, bands, & weights) give you muscle building and toning.
- **Hip Hop Aerobics – Free Tuesday & Thursday 12:00-1:00pm** Move your body to the beat of a new type of aerobics. Hip Hop Aerobics teaches you a routine while burning calories. You can put this lunchtime class on our tab—it is **Free**.

Better Opportunities for Single Soldiers (BOSS) (785) 239-8147

- For more information about BOSS contact the BOSS President at 239-8147.

Soldier and Family Support Center (SFSC) (785) 239-9435

- **Family Readiness Group Training** - Classes are offered monthly. Registration is required. Free Childcare is available; parents must bring shot records. Family Readiness Group Basic is scheduled for 16 November 6:00-8:00pm. Point of Contact Class is scheduled for 2 November 6:00-7:30pm and 7 December 9:30-11:00am. To register or for more information, please call the Soldier and Family Support Center at (785) 239-9435.
 - **Spouse Activity Day Events** – We have started this program again! Join us on Monday, 30 October will be Beginning Scrap booking, 6 and 20 November from 9:00am-12:00pm. Registration is required by COB on the Thursday prior to the event. Childcare is provided – shot records are required. Call 239-9435 to register.
- **Soldier & Family Life Consultants** - Fort Riley now has Soldier & Family Life Consultants. Call: 785-230-1785 / 785-249-4281 / 785-213-1627. Messages may also be left with first name and numbers with Army Community Service staff if you wish at 785-239-9435, at Bldg. 7264, or by email at site2665@riley.army.mil.
- **Family Advocacy Program (FAP) / Victim Advocate Program –**
 - The Fort Riley Victim Advocate Program (VAP) offers free, 24 hour services to adult victims of domestic violence and sexual assault. Victim Advocates provide support services to include developing safety plans, crisis intervention and information and referrals. On 22 April 2006 the Department of Defense implemented confidential restricted reporting option for adult victims of domestic violence. To obtain a restricted report, a domestic violence victim, who is eligible to receive military medical treatment, must report domestic abuse to a 1. Victim Advocate 2. Victim Advocate Supervisor (Family Advocacy Program Manager) or 3. Health Care Provider (to include Family Advocacy Program Clinical Social Workers). This option will allow victims to receive supportive services without initiating the investigative process. For 24 hour Victim Advocate Crisis Response services please contact 785-307-1373. For a listing of monthly activities or if you have questions related to domestic violence and/or sexual assault please contact the Victim Advocate Program at 785-239-9435.
 - The Department of Defense (DoD) recognizes October 2006 as Domestic Violence Intervention Month. This year's theme is "Stand Up Against Domestic Violence." The goal of the DoD is to encourage victims to report domestic violence through the National Domestic Violence Hotline at 1-800-799-7233 or 1-800-787-3224 TTY for Deaf, Deaf-

Blind and Hard of Hearing. The Victim Advocate Program in conjunction with the Family Advocacy Program will be hosting events in the month of October to raise awareness in our community about the issue of domestic violence. Please contact the Family Advocacy Program and/or the Victim Advocate Program for more information about the scheduled events at 785-239-9435.

- **Exceptional Family Member Program (EFMP)**

- Exceptional Family Member Program Support Group will meet on 14 November and 12 December. We will meet at the Soldier Family Support Center, Bldg 7264 from 11:30am-1:00pm. Call the EFMP office at 239-9435 for more information and to RSVP.
- Trip To The Pumpkin Patch - 28 October, 2006, 10:00am-12:00pm, at the Soldier Family Support Center, Bldg. 7264. Children will be decorating pumpkins and riding the wagon to the pumpkin patch. RSVP by 16 October at 239-9435.
- Holiday Celebration - 05 December, 2006, 6:00-8:30pm at the Soldier Family Support Center, Bldg. 7264. A family social gathering in celebration of the holidays and provide an avenue in networking for families. RSVP by 21 November at 239-9435.

- **New Parents Support Program**

- **Army Volunteer Corp (AVC)**

- Various volunteer opportunities are available throughout Fort Riley.
- For more information call 239-9435 and speak to the Installation Volunteer Coordinator.
- It is very important for the installation as well as for your future use to report your volunteer hours.
- Please turn your hours into your FRG Leader or organization monthly.
- Leaders forward the hours to the Installation Volunteer Coordinator at becky.willis@us.army.mil or call 239-9435.
- **Make a difference in our community and volunteer!!**

Child and Youth Services (CYS) (785) 239-4920

- **All CYS programs will be closed on the following Federal Holiday – 9 October**
- **The CYS Administrative Bldg (Central Registration, CYS Admin offices, SKIES programs, FCC Office) will be re-locating due to renovations from Bldg. 6620 to Bldg. 7434 (Parker St.), across from the Bowling Alley.**
- **CYS Central Enrollment Registry (CER)**
- Must be registered in CYS to participate in all CYS programs
 - Hours of Operation: Monday–Friday, 8:00am-5:00pm
 - Annual registration fee is \$18 per child, or \$40 per family. CYS registration may be transferred to a new duty station upon PCS. Contact CER at 239-5077/4847 for information, or to make an appointment to enroll in CYS
- **Child & Youth Services Instructional Classes: SKIES Unlimited offerings. Contact the Central Enrollment Registry (CER) officer at 239-4723/4847/9478 for additional information and to make appointments to register.**
 - **Private Piano Lessons** Ages: 6-18 years Middle School Teen Center, Bldg. 5800, Monday and Wednesdays from 6:00–8:00pm & Saturdays from 10:00am–2:00pm for half-hour individual lessons a.m. for half-hour individual lessons, \$60 a month. **New Instructor**
 - **Gymnastics Class & Team** *Middle School Teen Center Gym Bldg 5800 Costs \$35 monthly Monday 6:00-7:00pm for 3-5 year olds & 6-9 years 7:00-8:00pm; Tuesday 6:00-7:00pm for 5-8 year olds **boys only**; Tuesday 7:00-8:00pm for 10-15 year olds; Wednesday 6:00-7:00pm for 3-5 year olds & 6-9 years olds 7:00-8:00pm; Thursday 6:00-7:30pm **team** (by invitation please) Costs \$45 monthly
 - **Daytime Dance Dynamo** *Middle School Teen Center Bldg 5800 Costs \$35 monthly Wednesday 2:30-3:00pm, 3:00-3:25pm & 3:30-3:55pm for 3-4 year olds; 4:00-4:45pm & 5:00-5:45pm for 5-7 year olds
 - **Okinawan Karate** *Middle School Teen Center Bldg 5800; Saturday -10:00-11:00am & 2:00-3:00pm for ages 5-10 Costs: \$45 monthly; 11:00am-12:30pm & 12:30-2:00pm for ages 11-18 Costs: \$55 monthly

- **Creative Dance and Ballet** - A Creative Dance class is conducted Wednesday evening at the Teen Center, Bldg. 5800. 6:00-6:45pm and 7:00-7:45pm at the Teen Center for ages 5-9.
- ***To enroll, children or youth must be registered with CYS. A current sports physical is required (less than one year old) at the time of registration.**
- **Home Alone Training Course** is for children ages 10 and up and is scheduled for the third **Saturday** of every month.
 - 3:30-5:30pm, Home Alone Training, Bldg. 5800. Cost is \$10 if youth are not registered with CER. If students wish to keep the books there is an additional \$10 charge per book. Call CER at 239-5077/4847 for more information.
 - Parents are encouraged to attend the last 30 minutes of the class. Contact CER at 239-5077/4847/9478 to reserve your spot.
- **Intro to Guitar** is for youth ages 6-18 and their parents that are eligible for services. Classes meet Wednesday evenings at 6:00pm & 6:30pm for 6-10 year olds & 7:00pm & 7:30pm for 11-18 year olds and cost \$30. Classes held at School Age Services Bldg. 5810. A few guitars are still available for rent for an additional monthly fee of \$10.
- **Guitar II and Advanced Guitar Lessons** is for youth age 6-18 and their parents that are eligible for services. Classes meet Tuesday evenings at 6:00pm & 6:30pm. For 6-10 year olds & 7:00pm & 7:30pm for 11-18 year olds and cost \$30. Classes held at School Age Services Bldg. 5810.
- **American Red Cross Babysitter's Course: 9:00am-3:00pm** Ages 11-18 years old
 - Costs \$10
 - Registration with Child & Youth Services. Minimum enrollment of 4
 - Youth Center, Bldg. 5800
- **MathTutor for Middle & High School** : School Age Services Bldg. 5810; Tuesday 6:00-6:45pm & 7:00-7:45pm; Wednesday 6:00-6:45pm; Costs is \$40 for additional months; Begins August 22; Minimum of 2 Maximum of 6 per session; Registration open August 2
- **SAT Prep:** School Age Services Bldg. 5810; Wednesday 7:00-7:45 pm; Thursday 6:00-6:45 & 7:00-7:45pm; Costs is & \$40 a month. Minimum of 2 Maximum of 6 per session
- **Instructors Needed:** New classes will be advertised as instructors become available. If you have a skill that you would like to teach through the Instructional programs at CYS, call 239-4723.
- **Outreach Services Classes**
 - Parent Advisory Council (PAC) meets the first **Thursday** of each month from 4:00-5:00pm All parents are encouraged to attend. Agenda includes program updates and parent information. Patrons receive a 10% discount on their childcare fee after attending three meetings. October 5 – Meets at Middle School/Teen Center Bldg. 5800
 - **Volunteer Child Care in a Unit Setting (VCCUS).** This program allows groups to provide care for a “sister” group of their choosing. Each group has their own volunteers who are trained by CYS at a one time, four-hour training session. Upon completion of the training, they may then provide care for each other as long as the parents remain in the same facility. CYS will provide supplies if necessary and ensure the environment is safe. This is a wonderful program from which our community would benefit. Please call 239-4723 for more information. Additional details apply.
- **Child Development Center (CDC)** is accredited by the National Association for the Education for Young Children (NAEYC).
 - Hours of Operation are 6:00am–6:00pm
 - Serves children ages six weeks to Kindergarten
 - Provides full-day, part-day preschool, and hourly care is available.
 - October 28, November 4 and 18 10:00am-1:00pm, **free hourly care** is available at the CDC for children of deployed soldiers. Children ages six weeks through Kindergarten are eligible for the free care at the CDC. Lunch will be served to the children at 11:30am. Children must be registered with CYS to participate in this program, and parents must

make a reservation by noon on Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations.

- **Family Child Care (FCC) Program** consists of care offered in on-post quarters by a military family member meeting FCC certification requirements. Homes are inspected and monitored regularly.
 - FCC homes provide care between the hours of 6:00am-6:00pm, and may provide extended and overnight care in the evenings and on weekends for duty related needs. FCC providers offer flexible hours that may better meet the needs of those requiring childcare for extended periods, as well as childcare for shift workers.
 - Serves children four weeks to 12 years of age
 - Provides full day, part day, and hourly care available
 - Registration in FCC is through the CYS Central Registration office.
- **Family Child Care Home Providers:** Adults wanting to become FCC providers are invited to attend an FCC informational briefing. The orientation/informational briefing is scheduled for the second Thursday of each month from 1:30-3:00pm. **The FCC offices will temporarily relocate to Bldg. 7434 Parker Street** by June 16, 2006. Call 239-4313, for more information.
- **School Age Services (SAS):** This elementary school age program is nationally accredited by the National After School Association (NAA).
 - SAS is located in Bldg. 5810
 - Hours of Operation is Monday-Friday, 6:00am-6:00pm
 - Provides Before and After School programs for 1st-5th grades
 - Provides a Kindergarten program
 - Transportation is provided to and from on-post schools. Transportation is provided for Hourly Care children. Parents must make reservations by noon the day prior, at which time SAS will notify the schools. Breakfast is served until 8:00am
- **Open Recreation (hourly care)**
 - Available for children in Kindergarten.
 - Available Monday-Friday, 3:30–6:00pm on school days, 6:00am–6:00pm on no school days for 1st-5th graders.
 - Reservations are required. Call 239-9220 for more information. October 18, November 4 and 18; 10:00am-1:00pm, **Free hourly care** is available at SAS, Bldg. 5810, for children of deployed soldiers (and those that have returned within the last three months). Children who are in Kindergarten through 5th grade may receive free care at SAS. Lunch will be served at 11:30am. Children must be registered with CYS to participate in this program. Reservations are required by noon each Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations.

Youth Services

- **Youth Center:** The Fort Riley Youth Center, Bldg. 5800, is located on the corner of Thomas and Longstreet, call 239-9222.
- **Before School Care:** 6:00-8:00am Monday-Friday for MST youth with working parents. Program fees are weekly based on total family income.
- **Evening/Weekend Hours:** the Youth Center is open until 8:00pm Monday-Thursday, 11:00pm on Friday, and 2:00-11:00pm on Saturday. Stop by to pick up an activity schedule of dances and other planned recreation activities.

Youth Sports

- **Family Fitness Nights** – 20 October and 17 November. Free for middle school and teens with their parents registered with CYS. Come exercise together in a high energy environment.

School Liaison Officer - 239-9539: School Liaison Services ACCESS,

USD 475 Junction City-Geary County Schools: USD 475 (Geary County-Junction City, Fort Riley, Milford, and Grandview Plaza) website: <http://www.usd475.org/> Tel: 785-717-4000

USD 383 Manhattan-Ogden Schools: USD 383 (Manhattan-Ogden) website: <http://www.usd383.org/> Tel: 785-587-2000

Parent to Parent Program

- The **Parent to Parent** program offers a variety of quick, customized workshops designed to give parents the skills and tools necessary to make smooth transitions, get organized, and help prepare their children for academic success. The following workshops are open to the public:
 - November 2 – *Manhattan Public Library* (4:00pm)
 - Getting the Most Out of Homework
 - Creating a Positive Home/School Relationship
- Workshops can be scheduled for any time of day at any location. Here are some other topics that are offered:
 - Successful Parent/Teacher Conferences
 - Getting Organized – The Importance of Academic Portfolios
 - Keeping the Connection - Staying Involved with the Deployed Spouse
 - Preparing Your Child for School
 - The Road to Literacy
 - Math & Science Activities for Preschoolers
 - Chart Your Course – Preparing your Child for College (for middle and high school students and parents)
 - The College Application Process
 - The Financial Aid Process
- Please contact the Parent to Parent team at 226-9164 or at rileyparent2parent@yahoo.com

Directorate of Education

- Education Services Consortium of Colleges and Universities will be conducting an online Needs Assessment from 15 October through 30 November. With our increasing soldier population and family members, Department of the Army civilians, we want to find out what other educational programs or needs are required for our Fort Riley community. It is our hope that every eligible individual at Fort Riley will participate in this survey. Your voice will be heard, make a difference as we meet the post-secondary educational needs of the expanding Fort Riley community. For further information, call 239-6481.

Installation Chapel Office

- **October 31, Hallelujah Night, Morris Hill Chapel, 5:00- 8:00pm.** A fun filled, safe alternative to “trick and treat” activities.
- **November 4, Operation Christmas Child Build A Box Day, 12:00 noon-2:00 p.m.** Flyers with details available at the Main Post Chapel or call 239-6597.
- **November 23, Fort Riley Community Thanksgiving Worship Service, Main Post Chapel, 10:00am.**
- **November 30, Installation Tree Lighting Ceremony, Ware Parade Field, 4:45pm.** The Installation Chaplain will kick off the Fort Riley holiday season with the lighting of the official tree. Ceremony will include singing of seasonal songs and the arrival of a special holiday guest. Families are encouraged to attend. While blankets are provided, everyone is reminded to dress warmly for this event.
- **During Chapel renovation, note changes in location of the following Sunday Services:** Protestant (Traditional-Evangelical), 9:00am, Kapaun Chapel; Protestant (Lutheran), 11:00 am, Irwin Army Community Hospital Chapel, located on second floor.
- **Looking for a Bible Study group? PWOC Bible Studies held at Morris Hill Chapel, 5315 Jackson Street.** This year’s theme is “Unity-To Let The World Know”. Child care for children birth through five years old will be provided. Bible study hours are Tuesday, 9:00-11:30 am. and Thursday, 7:00 pm. Please call 238-4351 for additional information.
- **Catholic Religion classes** for children Kindergarten through Confirmation Class and RCIA for adults meet on Sundays (except holiday week-ends) from 10:30-11:45am. To register, call 239-4815 or 239-4060.
- **Catholic Teens will meet each Sunday, 6:30-8:00pm, St. Mary Chapel,** except holiday weekends and the fifth Sunday of a month. For additional information call 239-4060.

- **Military Council of Catholic Women (MCCW) meets every Wednesday at St. Mary Chapel, 9:00am-12:00 noon.** Mass is celebrated at 9:00am followed by fellowship and study group or guest speaker. For additional information call 762-6773 or 717-2990.
- **Catholic Masses are held Saturday, St. Mary Chapel, 4:30pm; Sunday, St. Mary Chapel, 11:00am; Sunday, Morris Hill Chapel, 9:00 a.m. Mass at 12:00 noon, weekdays (Monday through Thursday), Irwin Army Community Hospital. For additional information, call 239-4815.**
- **Strong Bonds Program for Building Healthy Soldier Relationships** seeks to increase Soldier readiness by boosting skill in building and maintaining life-long relationships. Strong Bonds is the Commander's program executed by the unit Chaplain as lead officer in collaboration with Community Health Nurses, Army Community Services and Army Family Team Building.
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- **Pre-Marital Classes Sponsored by the Family Life Chaplain** are held the first Wednesday of every month from 3:00-5:30pm at the Family Life Ministries Center. These classes are required before a chapel wedding can be performed. Please call 239-3436 for additional information and to register for the class.
- **Child Care Providers Needed** - The Installation Chaplain's Office is looking for qualified individuals to provide child care for various Chapel sponsored events. Qualifications: must be at least 18 yrs old, CPR certified (will train) and must pass a state background check (free). Pay is good and flexible hours available. Point of contact: Lisa Ramsey, (785) 239-4814.
- **Club Beyond (CB), call Don Ericson at 239-0979 for current information** regarding upcoming activities. Usually, CB (grades 9-12) meets Sundays in the basement of St. Mary's Chapel from 6:00-7:30pm. CBJV (grades 6-8), Wednesdays, at the Teen Center from 6:00-7:30pm.
- **Wounded Soldiers Outreach Support Group** - Wounded Soldiers Outreach and Support Group (WSOS) meets monthly to provide wounded Soldiers and family members an opportunity to meet one another. The desire is that through this informal setting, helpful relationships will develop to assist in the healing process. WSOS meets the first Tuesday of every month at Riley's Conference Center from 6:00-8:00pm. For more information, please call, (785) 239-4375 or (785) 375-2480.

Staff Judge Advocate

- With the increase in deployments into the fall we would like to provide a few reminders regarding powers of attorney:
- A power of attorney gives a person you name (your agent) the power to manage your legal affairs on your behalf.
- There are two types of powers of attorney: the general power of attorney and the special power of attorney.
- A general power of attorney gives your agent unlimited control over your legal affairs.
- A special power of attorney gives your agent the authority to legally bind you in a specific legal transaction.
- General powers of attorney are subject to much more abuse than special powers of attorney because of the greater grant of authority. In choosing either power of attorney, only name someone as an agent who you absolutely trust.
- Many financial institutions and Army directorates will not honor a general power of attorney. Always get a special power of attorney to:
 - Sign for or clear military quarters.
 - Purchase, sell, rent or lease real property.
 - File a claim with the JAG office.
 - Conduct any business with TRICARE, DFAS, or to get a military ID card
 - Register a vehicle.

- Conduct financial transactions with a bank.
 - Provide child care for a dependant.
- Powers of attorney can be rejected by businesses in Kansas at their discretion. If you know of a transaction that must be completed during a deployment coordinate with the business in advance to ensure your power of attorney will be approved
- Powers of attorney are available on a walk-in basis 9:00am-5:00pm, Monday-Friday at the Legal Assistance Office, Bldg.200, Room 106, 239-3117.

Plans, Analysis, & Integration Office (PAI)

- Use ICE to help us serve you better. ICE (Interactive Customer Evaluation) is a web based customer feedback system. You can provide an evaluation of more than 170 services on Fort Riley or communicate directly with the manager of a service via ICE.

Provost Marshal Office (PMO)

• Community Policing

Trick or Treat will be on October 31 from 5:00-8:00pm. There will be extra patrols during the hours in the housing areas, DARE officers will be driving around the housing areas with the Crime Dog to pass out Halloween bags. The post siren will sound at 8:00pm to let all know the Trick or Treating is ended.

Picerne Housing

- The **Program Office has moved to 2460 G Street.** We are open Monday –Friday from 8:00am to 5:00pm. This is the new modular building across from Popeye's. We still have a little construction going on, but we are open for business and fully operational. Residents can still visit their Neighborhood Offices Monday – Friday 8:00am to 6:00pm, Saturday 10:00am to 5:00pm and Sunday 12:00 to 5:00pm.

Public Works

Installation Safety Office (ISO)

G1/Army Career and Alumni Program (ACAP) – The Fort Riley ACAP Center is office located on Main Post in Bldg. 210, room 6. For information, please contact the ACAP Center at 785-239-2278/2248, stop by, or view our website at: <http://www.riley.army.mil/Services/Soldier/ArmyCareerAndAlumni.asp>.

G3/DPTMS

- **Museum: A new painting dealing with the last cavalry charge of the Civil War. It is by Keith Rocco, a noted Civil War artist and the first work we have acquired by him.**
- **Charge of the 2nd West Virginia Cavalry at Marshall's Crossroads - April 6, 1862**

Veterinary Services

FORSCOM Family Readiness Group Assistant Program

- The FRG Assistants duties directly relate to the FRG mission of fostering competent, knowledgeable, and resilient families by assisting the Commander and Volunteer FRG.
- Starting October 1st, the Support Assistants will be working a 30 hour work week. Their schedule will be 8:30am-3:00 pm. The Program Assistant will still work a 40 hour work week. The Program Assistant schedule will be 8:00am to 4:30pm. These schedules may fluctuate due to evening meetings & briefings.

American Red Cross

Boy Scouts

- To join, contact 238-5684 for more information.

- The Boy scouts web page is located at Coronadoscout.org. Current scouting information can be found there.

Girl Scouts of Kaw Valley

- Alpha Chi Sigma Chemistry Day for Junior and Teen Girls Scouts will be December 2, 2006 from 9:00am-4:00pm at Willard Hall – KSU Contact 1-800-432-0286 ext 26 or dmckee@girlscouts.net
- Lots of Outdoor Recreation Workshops such as: Brownie Canoe Sessions, Junior Small Craft Badge Workshops, and Archery, available at Camp Daisy Hindman Contact 785-256-6586 or rpierson@girlscouts.net
- Lots of Equestrian Options such as: Brownies Horse Crazy, Junior Horse Fan Badge contact 1-800-432-0286 ext 25 or tmeritt@girlscouts.net
- Ceramic Canvas in Manhattan has workshops available to all age levels. Contact them at 785-770-8851
- Beach Museum of Art at KSU Contact 785-532-7718 or klwalk@ksu.edu
- If you are interested in being a Girl Scout leader or a Girl Scout please contact 1-800-432-0286 ext 44 or rmckain@girlscouts.net . We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings.

Armed Services YMCA (ASYMCA)

- Childcare Programs - Take advantage of our childcare programs. While your children are enjoying there day with fun filled learning activities and socializing with others, you are able to take time for yourself, knowing your children are safe and well cared for. Please contact the ASYMCA for more information.
- **Reservations are required one week in advance for all childcare programs.**
- **Mom's Monday Out** - Monday's 11:00am-3:30pm
- **Mom's Morning Out** - Tuesday 11:00am-3:00pm
- **Mid Week Break** - Wednesdays 11:00am-3:00pm
- **Parent's Days Out** - Thursdays 11:00am-3:00pm.
- **Friday Parents Day Out** - Fridays 11:00am-3:00pm
- **Friday Night Out** - Fridays 5:30-10:00pm
- **Fees - Please provide a sack lunch and a snack for your child**
- **\$7.50 1st child - \$8.25 Children under 2 - \$6.75 Per Additional child - \$7.50 Per additional children under 2**
- **Parents Work Out:** A new and exciting program that gives parents the availability to go to the gym knowing that their children are being well cared for in a safe environment.
- Monday through Friday - 8:30-10:30am Please provide a snack for your child
- \$2.50 first child -\$1.75 per additional child - \$3.25 Children under 2 - \$2.50 per additional child under 2
- **All childcare program prices are for the entire program – this is not an hourly rate**
- **Creative Learning:** A structured social setting for children that provides academic experiences.
 - **3 year old class** – Tuesday and Thursday – 9:00-11:30am
 - **4 year old class** - Monday –Thursday – 12:00-3:00pm
- **Dance** - We will be offering dance class every Thursday from 6:30-7:30pm for all children between the ages of 2 ½ to 6. Cost is \$25.00 per month.
- **Building Rentals**
 - The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.
 - Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Cub scouts, Girl scouts, ect... We offer our building for rentals. Cost: \$25.00 for 3 hours.
- **Car Seat Loan Program:** Geico Insurance has provided us with car seats that are available to loan for one month at no fee. The seats accommodate newborns to children up to 40 pounds.

- **Operation Wheels:** Free Transportation service for active duty military or their dependents living on Fort Riley or in Junction City. This is available for those who do not have a vehicle or for those who do not drive. We will provide 4 round-trips per month at no charge to active duty or their dependents. **The following locations are available for transportation:** Bldg 7264 – WIC and ACS; Bldg 600 – Irwin Army Community Hospital; Post Chaplain Services; Respite Care at ASYMCA; Geary Community Hospital; and Junction City Health Department
- **Appointments:** Please call 24 hours in advance at 762-4780 to schedule a pick-up.
- **For more information-** call 238-2972, email asymca@nqks.com, or stop by at 111 East 16th Street, Junction City.

Thrift Shop

- Also, currently available at the Thrift Shop are the applications for Fall Community Distributions. Applications may be picked up during normal Thrift Shop hours Tuesday-Thursday 9:30am-2:30pm, and the first Saturday of the month 10:00am-1:00pm. The Fort Riley Thrift Shop is located in Building 267, Stuart Avenue. For further information please contact the Thrift Shop at (785)784-3874. Distributions will be announced at the November, Community Action Council (CAC).
- If you have any question please feel free to contact me at 784-9902 or via email: clessie.lemay@us.army.mil

Historical and Archaeological Society of Fort Riley (HASFR)

- **Get in the Halloween and Fall mood with HASFR's 11th annual Ghost Tours on October 29th!** 1/12-2 hour walking tours start at 4:00pm at the Custer House with the line closing at 7:00pm. Fantastic Fall foods will be available for purchase. Walking tours will feature story tellers sharing chilling events that have taken place in Historic Main Post buildings and surrounding sites. This is an all age's event, and the tours are stroller friendly (all Fort Riley Ghosts are harmless in nature). Cost for the event is \$1.00 for adults ages 13yrs and older. Tickets can be purchased the day of the event at the Custer House or can be pre-purchased during the post yard sale on October 21st at the Ghost Tour info tables on Schofield Circle and Forsyth Ave. For more details, info on volunteer opportunities, and ghost story submissions, please contact ghosttours1@yahoo.com.
- Looking for that ideal location to hold your holiday event? Look no further...the Custer House is available for your entertaining ease. The elegant B side is outfitted with everything you could possibly need, from a kitchen to huge dining table, to plenty of seating. Reservations should be made well in advance, and the cost is \$35 for non-HASFR members and \$25 for members. There is a \$50 refundable cleaning deposit. Make your reservations through Liz @ 784-2445.
- Remember to check out **The Shoppe** for your "historical" gift items for the holidays. We have everything from Fort Riley postcards to Tee Shirts to Spooky "Ghost Books" to curl up with during those cold winter nights. We also offer many other gift items for your Christmas shopping.
- Our email address is: hasfrevents@hotmail.com. We would love to hear your comments, suggestions and ideas for community improvement. If you are interested in joining and volunteering this year please let us know!

Enlisted Spouses' Club (ESC)

Officers' and Civilians' Spouses' Club (OCSC)

- **OCSC November Luncheon**
 - When: November 16th, 2006 at 11:30am
 - Where: Junction City Country Club
 - What: November OCSC luncheon featuring an exciting "decorating on a dime" program consisting of three talented local military spouses creating a holiday mantel/centerpiece on a very limited budget. Lunch is a choice of either French Dip or Fire Grilled Chicken Sandwich with cottage fries and house salad. Dessert, tea and coffee also included.
 - Cost: \$15.50.

- Please RSVP to 784-2817 by November 8.
- **November Charity of the Month**
 - OCSC will be collecting items for Red Cross baby layettes at the November luncheon. If you would like to make a donation please bring onesies, receiving blankets, diapers, pacifiers, or booties to the luncheon. The items donated are made into a baby layette to be disbursed to new babies born at Fort Riley IACH to military families E4 and below.
- **Ambassador Program**
 - We are still looking for coffee group ambassadors. If your coffee group does not have an ambassador then please volunteer! It is an easy job, just forwarding emails sent out to your coffee/spouse groups. For more information on membership and the ambassador program, please contact 717-3008 or chrissympribyla@charter.net.

The Shoppe

- The Shoppe is now Open 6 days a week! The Shoppe's hours are Monday-Friday 10:00am-2:00pm and Saturday 11:00am-3:00pm. If you still haven't visited The Shoppe you are missing out on a Fort Riley must see! The Shoppe adds new vendors monthly and receives new inventory weekly. Check back for new and exciting changes every month!
- Have fun and meet new people by volunteering at The Shoppe! We need volunteers to help cover the Shoppe's great hours and you can receive a \$25 gift voucher when you volunteer five times. Plus receive reimbursement for childcare anytime you volunteer. Volunteer training every Thursday from 10:00am-2:00pm. For more information contact 785-784-4231.

Commissary

Army and Air Force Exchange Services (AAFES)

The next Community Action Council will be held at
10:00am Wednesday, 6 December 2006
Riley's Conference Center
Fort Riley, Kansas
"America's Warfighting Center"

Announcements for the next "Riley Bugle Call" are due by COB, November 29, 2006, to Bldg. 7264, and 239-9435. Email to betsy.l.young@us.army.mil. The CAC is shown four times daily on Channel 2 for four days following the CAC. The times are 8:30am, 12:30pm, 6:30pm, and 10:30pm.

Schedule of CAC for 2007

| | |
|--------------------|----------------|
| January 17 | 10:00am |
| February 21 | 10:00am |
| March 21 | 10:00am |
| April 18 | 10:00am |
| May 16 | 10:00am |